UNIVERSITY OF ARIZONA PEDIATRIC GLOBAL HEALTH INTERNATIONAL ELECTIVE ESSAY
(Based on University of Minnesota Global Pediatrics Essay)

Your U.S. preceptors recommend some amount of personal journaling each evening to reflect on the experiences of your days abroad. You may use excerpts from your journal as part of these reflections, but please compose this essay separately as a largely post-elective, reflective activity. This document is to be turned in with the rest of the required documents, within 2 months of arrival home.

PART I. SUMMARY REPORT OF EXPERIENCE

1. Where did you work? Describe your daily responsibilities and location assignment. Describe the clinical and teaching environment: inpatient and/or outpatient. Write about any memorable experiences from your global health experience - and how did that experience affect you.

2. Would you recommend this site to future residents, and why? Any significant non-medical experiences you had during your rotation that you would recommend to future residents? What changes would you make to the rotation?

PART II. REFLECTIONS FROM THE FIELD (Optional questions to consider)

1. The global health competency objectives for professionalism stress the values of curiosity, openness to learning from other cultures, and acknowledgement of the privilege it is to work with international colleagues. Describe and discuss a situation in which your openness and curiosity fostered a situation where both you and your international colleagues were able to learn from each other.

2. Prior to your departure for this experience, describe how you prepared to be able to control stress while you were abroad, (e.g., losing your passport, becoming ill, preceptor plans don’t work out, communication difficulties, or lack of diagnostic or therapeutic resources, death of a patient, etc.) Reflect on whether this preparation was adequate. If not adequate, write how you could have prepared differently, or how you wish you had prepared.

3. Give one or more specific examples of a challenge of equity in ethical considerations of undertaking research in resource-poor areas, distribution of vaccines, distribution of medicines, and/or distribution of knowledge.

4. Write about one thing you learned in the international setting that would be useful in building a better health care delivery system in the U.S. Describe one or more strengths you identified as part of the different system of medical training that you observed, and what that system’s strengths bring to the practice of medicine, research and teaching in that country.

5. Discuss how the international experience has informed your practice of medicine in the U.S. Has the experience transformed how you view your role as a physician? Explain.

6. Will this experience impact your career plans? If yes, how?